



## Mandala Yoga Ashram Child and Adult Safeguarding Policy

At Mandala Yoga Ashram we believe that all children and adults have a right to:

- be valued as a person, treated with dignity and respect, cared for and kept safe
- be protected from neglect, abuse and exploitation regardless of age, gender, ethnicity, disability, sexuality or beliefs
- practice yoga, to support their physical and emotional wellbeing, in an enjoyable and safe environment.

Safeguarding is everyone's responsibility. To this end the Ashram has implemented policies and procedures that are fit for purpose ensuring that; there is clear leadership; everyone know who to go to for help if concerned about any aspect of safeguarding; everyone understands the procedures; and residents are confident as to how to respond should there be an incident.

To achieve this, the Ashram:

- has appointed a Lead and a Deputy Safeguarding Officer on behalf of the Ashram, who are trained to level 3 Safeguarding.
- displays a flow chart and reporting lines in the Ashram's policies folder, which is available to all.
- require that any Ashram employees, team members, yoga teachers, guests and Trustees comply with this policy and the Safeguarding Procedure
- will continue to train and supervise members of the ashram team and Trustees to have a full and practical understanding of the different types of abuse, and how to safeguard children and adults.
- listen to anyone who raises concerns about any adult or child who may be being abused and take the concerns seriously and respond to such concerns and/or allegations sensitively, appropriately and swiftly, including reporting to either the:

Adult Safeguarding Board **0300 333 222** [Safeguarding@carmarthenshire.gov.uk](mailto:Safeguarding@carmarthenshire.gov.uk)

or for children in Carmarthenshire it is the Family Information Service, Central Referral Team (Tel 01554 742322 in office hours and Careline 01558 824283 or 0300 333222 outside of office hours), who come under the Mid and West Wales Safeguarding Board (tel 01269 598273)

and where appropriate other agencies including the Charity Commission.

- adopt a person-centred approach in dealing with any incidents of abuse and follow the Safeguarding procedure
- raise concerns ourselves, as early as possible, if we consider that an adult or child at risk may be being abused or shows signs of neglect
- comply with legislation and good practice guidance applicable to the Ashram including requirements for upholding confidentiality and ensure accountability and transparency and to strive to learn lessons from previous issues.
- review this policy and the Safeguarding Procedure annually or when legislation changes, to ensure that they remain up-to-date and effective.
- ensure that if the Ashram fails in its duty of care and abuse occurs, the individual receives a formal person apology.

Swami SatyaDaya (Director Elect)

August 2021